



School of Chemistry Equality, Diversity and Inclusion

Update October - 2021

The Equality, Diversity and Inclusion (EDI) committee in our School is committed to providing an environment where everyone can thrive with equal opportunities and equal expectations for individuals, regardless of their gender identity or expression, race, culture, sexual identity or any other attribute.

Wellness and Resilience

Workplace wellbeing is important because workplaces directly influence the physical, mental, economic and social wellbeing of staff and students and in turn, the health of our families, communities and society. Trinity College Dublin and our own School are committed to encouraging the physical, mental and social health of our whole community of staff and students, through the **Healthy Trinity** initiative. In this EDI update, we focus on Trinity's wellbeing initiatives and facilities, mental health supports, consent education programmes, and counselling services for staff and students. These valuable resources and supports contribute to the College's and School's goals of providing a workplace where we all can thrive, achieve our full potential and excel together.

Wellbeing Hacks to Flourish in a Hybrid World (All Staff) – This course is part of the *Wellness & Resilience* 'Take 60' Winter Series 2021, and will be delivered by Dr Jay Chopra, Making Shift Happen, online, via Zoom on Thu, December 16, 2021 2:00 PM – register here via [Eventbrite](#).

Online Mindfulness Drop In Sessions – Join College Mindfulness facilitators on Zoom every Wednesday at 1 pm for a 30 min meditation, where we can be with ourselves but also in the company of the wider college community. Mindfulness meditation reminds us how we can better care of ourselves, how to cultivate kindness towards ourselves and others. [Zoom Link](#) for Wednesday 1 pm sessions, and more information [here](#).

Mental Health Supports - The Trinity College Disability Service has developed a suite of resources and supports for students with mental health difficulties, which aim to support the student at all stages of their academic journey, from transitioning into College, first year, to graduation, and into employment. More information [here](#).

Together Consent - Trinity College Dublin's sexual consent education programme. Together Consent offers sexual violence prevention education programmes, under the following headings *Consent Workshops, Consent Plus Workshops, First Responder Training, Bystander Intervention*. More information [here](#).



You can find additional resources on Wellbeing at www.tcd.ie/healthytrinity/wellbeing/



Working from Home



Physical Health while Working



Work-Life Balance



Linked In Learning Resources



Dignity and Respect Policy



Equality and Disability



Wellbeing Talks



Healthy Trinity Video



Available Training and Resources

Epigeum Research Integrity Training 2.0 A reminder of the new updated version of Epigeum's suite of research integrity training modules, available to all staff and students. The training is done online and is made up of great modules covering relevant topics such as; Good Research Conduct, Irresponsible Research Practices, Conflicts of Interest, Communication, Social Responsibility and Impact. Please contact Jennifer.Daly@tcd.ie for a token to access the modules.

Current Activity

EDI Representatives: We are currently in process of recruiting representatives for the EDI committee from the postgraduate and researchers categories. If you are interested in getting involved, please email edi-chem@tcd.ie.

Equality and Diversity Website: We are currently creating an EDI page on the School of Chemistry website <https://chemistry.tcd.ie/equality-diversity/>. On this site we will post information, updates on activities and developments such as the policies we are developing.

Appointment Process for Researchers: We are currently working on new processes to monitor and promote equality and inclusion in all appointment processes.